

## Mini Military Fitness Mud Run: Disclaimer / Wavier

I \_\_\_\_\_ Parent of (please list children's names below)

### Hereby confirm that:

That I or my child taking part Military Fitness Circuits (MFC) Events that I am fully aware of any potential risks to myself, my child and any others involved and I take full responsibility for this. These risks include any personal injury caused and serious cases death. That MFC is not responsible for any loss or damage to personal property. That I am (He /She is) fit and well and not on any medication of any sort that would impede me to take part in the event. And if I have sought medical advice from my (their) doctor before taking part.

That if a child is under 10 years of age they will be accompanied by an adult throughout the duration of the run.

That I will respect and obey any command given to me by all staff directly employed or volunteering for MFC. That I will use all the equipment provided by MFC correctly and as advised (if necessary) so that I do not endanger myself and others. That I will not in any way become abusive or aggressive to any employee or volunteer of MFC or any other participant and that in doing so terminates my participation in the event.

### Agreement

You hereby acknowledge and accept that you have read the entire disclaimer and fully understood it and that you base your decision to enter on the information only provided by MFC and that you have made your decision for yourself and child only after reading all the information provided taking into consideration all the associated hazards and risks stated above. That you give your full consent for MFC to use your information that you have provided to inform you of updates

for the event you have entered or upcoming events and to contact you by your preferred method at any time. You have given MFC permission to use photographs captured of you during the event and any photography captured during the event shall become our property.

If any section of this document is not deemed legitimate or is found to be incorrect in any way shape or form by court or any other legal authority then that section shall be removed or changed to meet the necessary requirements. The changes to this section will not affect the legitimacy and enforceability of any other sections of this policy.

I understand the hazards and risks that have been clearly stated and that I have understood them before entering the event and that I am willing to take full responsibility to any injury that maybe sustained and in extreme circumstances death. If I am not willing to accept liability for this the I will not participate in the event.

### Release

You declare that you are responsible and liable for yours and your child's actions with whom you are responsible for at the event alone and that MFC will not be held responsible or accountable for any injury sustained whilst participating throughout the entire event. You agree that MFC will not be held accountable or responsible for any loss or damage to your personal possessions/ belongings.

We take no liability or responsibility for any mistakes, errors or inaccuracies made by the participants.

MFC still has a duty of care and nothing in this disclaimer exempts us from (misrepresentation, injury or death due to negligence). I am fully aware and accept that: There is risk involved within the event to all participants. I will take full care of myself and the children under my care and take full responsibility of them. You hereby give permission for first aid to be administered if required by MFC representatives qualified.

Even though all areas of the event have been carefully risk assessed and all efforts have been made to avoid any harm coming to the participants the risks cannot be completely eliminated at all.

All aspects of the event course have been designed to include the terrain, water sections, build obstacles, associated hazards such as slips, trips and falls, the entire course and weather conditions.

I confirm that I have read all of the above and am fully aware of the risks involved and take full responsibility for myself and children's actions. I am also fully aware that myself and my child take part in MFC events entirely at my own risks.

Sign Print \_\_\_\_\_ Date

(Parents / guardian to sign over 18 years)